

## HRG Memorandum 14-8



**To:** KEHP Insurance Coordinators (ICs)  
**From:** Department of Employee Insurance (DEI)  
**Re:** LivingWell Tour - Health Assessment Days  
**Date:** February 18, 2014

The LivingWell HumanaVitality team will be touring the Commonwealth in March and April to assist KEHP members in completing their LivingWell Promise. This is designed to assist members that may need extra help and assistance with completing the LivingWell Promise.

**Members who do not need extra assistance should complete the LivingWell Promise on their own before May 1, 2014.**

Computers will be available for assistance with:

- Humana.com username/password creation and retrieval
- HumanaVitality LivingWell Promise Health Assessment completion

Completion of the Assessment takes approximately 20-40 minutes and you will be assisted on a first come, first served basis. Please plan accordingly. We recommend arriving at least one hour prior to event end time.

### **What to Bring:**

- Your Kentucky Employees' Health Plan Insurance Card
- Your Humana.com username and password – if you have registered (not your KHRIS login)

### **When:**

**See Attached**

Local Time – Note CST/EST

### **Additional Information:**

Reminder, the online HumanaVitality **LivingWell Promise Health Assessment can be completed anywhere with internet access** such as at home or work. You are not required to complete the Promise at one of these events, but are welcome to attend if you would like assistance. [Visit Livingwell.ky.gov](http://Livingwell.ky.gov) and click on "HumanaVitality Login" to complete your Promise today. [Click here for step-by-step instructions to help you complete your Promise.](#)

Vitality Checks (biometric screenings) are **not** required to complete your LivingWell Promise and WILL NOT be offered at these events. [Click here to find a Vitality Check Partner Location near you and schedule your individual Vitality Check screening appointment.](#)

If you have concerns or issues related to completing the HumanaVitality Health Assessment for your LivingWell Promise, contact customer service at 877-597-7474.

